



NEWSLETTER

Dear NVPians,

Greetings to you all!

Welcome to the October Issue of the NVP Newsletter!

Winter has come upon us and the best way to seek and provide warmth is to help those who need it the most. The month of September for NVP was overwhelming as NVP hosted its 16th Orientation Session, increased its outreach by adding more Partner Institutions in the family and NVP's Internship Chapter 1 reaching its end.

Our volunteer interns have completed their terms. We are certain they all had an enriching and enlightening internship period. Subject to the experience of the Interns NVP will launch its Internship Chapter 2.

Let us all welcome the cold season by spreading the much needed warmth through volunteering, compassion, and sweating it all out for the community, because we owe it.

Warmest Regards,
Arslan Ahmed
Editor

**NVP volunteers
Successfully complete**

3,500+
volunteer hours



1,100+
Registered volunteers



30+
Registered Beneficiary Institutions



10,000+
Facebook Page Subscriptions



NVP has been established with the support of our Founding Partner,
The Coca-Cola Export Corporation, Pakistan Branch

16th Volunteer Orientation and 9th Volunteer Appreciation Session



With the ever increasing response from newly registered Volunteers and consistent performance from the volunteers already on field, NVP hosted its 16th Volunteer Orientation and 9th Volunteer Appreciation Session. As per the routine, attendees of the session were provided guidance on the scope of the programme, its operations and how it is prosperous for each stakeholder of the programme. It gives us immense

pleasure to announce that 10 Volunteers qualified for the Appreciation Session as they completed more than 240 Hours in their term of two months, combined. We have respect, and gratitude for all of you, you stand out as people who care about the community and society. May your vibes spread over miles and inspire individuals to take on the great mission of creating a just society.



Internship Chapter One Reaching Its End

NVP launched its Summer Internship chapter 1 this year. The Internship criteria differs from that of volunteering criteria, as the particular skill set and working hours required is a major concern to qualify for the certification. NVP Interns have made major contributions to the welfare institutions they were assigned to, including - designing website, writing content and research works etc. The feedback we received from the Institutions and Interns has been phenomenal and encouraging; as they have both benefited from each other. Institutions received great help in terms of getting professional assistance while Interns got to learn and gain hands on experience while growing their network. The success of Internship Chapter 1, NVP is all buckled up to continue such programs in the future as well.



NVP goes to Liyari



Kiran Foundation, established in 2006 by the Founder Ma'am Sabina Khatri. The institution operates in the vicinity of Liyari. National Volunteer Programme welcomes Kiran Foundation in to the family, together we will keep doing what we do the best, i.e serving the community.

NVP facilitated 17th ITCN ASIA IT & TELECOM SHOW.

NVP volunteers facilitated Sehat Kahani at 17th ITCN ASIA IT & TELECOM SHOW. The volunteers were assigned for the position of Event Management Associate. It was a great learning opportunity for the volunteers as the grand event included interaction with IT industry leaders from 30+ countries across the globe, and having to enhance communication, planning and event management skills.



VOLUNTEERS DO NOT NECESSARILY HAVE THE TIME, THEY HAVE THE HEART



Maryam Khan, MBBS student of Karachi Medical and Dental College is assigned as Volunteer – Research Associate at Sehat Kahani, to conduct a session about increasing awareness of causes and prevention of Diarrhea.

We usually come across phrases like, you can achieve important feats if you have the will power, things will take turn for the better, all you need to have is the will to do something. And we cannot help but think that these phrases are nothing more than just a myth, right? But wait. We at National Volunteer Programme, everyday come across individuals who defy perceptions as such and actually prove that yes if you have will to do something, you will go an extra mile. One such Volunteer is **Maryam Khan**. She resides in Malir, and is enrolled at Karachi Medical and Dental College pursuing MBBS. Maryam registered with NVP carrying the flare of doing social work and preferred it to be in the area of her interest. She was assigned to Sehat- Kahani, NVP's partner institution working for Healthcare, since then she has been managing her studies along with consistently volunteering as per her commitment overcoming the odds of study pressure, and

location constraints. Her work at the beneficiary institution enables her to sensitize with the society as she meets underprivileged people for the purpose of creating health awareness for instance: Hygiene and Cleanliness, Check-up Camps, and Clinics. In addition, she interacts with the Doctors and gain important learning insights that can help her in the long-run in terms of her studies, career and networking. Maryam is one of the Volunteers that restores and energizes our faith in our Mission of creating a just society, because she has so much to offer in exchange of learning, advancing and growing. The magnitude of her impact is much bigger as it inspires us, and makes society better than it was yesterday.

